

New England Professional Group

A non-profit organization committed to providing education about chemical dependency and addiction treatment—providing professionals with a path to a lifetime of recovery. Our annual meeting provides many opportunities to meet and have fellowship with other health care professionals in recovery.

Scholarships: A limited number of partial and full scholarships will be available to cover the cost of the meeting. Depending on donations received, additional scholarships may become available for lodging. Please contact us at www.neprofessionalgroup.org if you would like to be considered for scholarship support.

Friends of NEPG are encouraged to offer **tax deductible contributions** for scholarships to allow newcomers in recovery to incorporate our group into their recovery.



Bios

Jason Kirby, DO is a board-certified addiction medicine specialist and is currently Medical Director of Addiction and Recovery Services at St. Peter's Health Partners and Chief of Behavioral Health at St. Peter's Hospital in Albany, NY. He is an expert in the diagnosis, prevention, and treatment of substance use disorders and other process addictions in special populations.

Adam Scioli, DO is an associate medical director and psychiatrist at Caron Treatment Centers, overseeing the psychiatric needs of patients in the adult programs. He is board certified by the American Board of Psychiatry and Neurology as well as the American Board of Preventive Medicine (Addiction Medicine). He is a fellow of both the APA and ASAM.

Corinne Scioli is a long-standing member of Alanan who has extensive experience in facilitating IDAA Alanan sessions.

John Breen is a sports physiologist and an elite multi-sport coach and athlete. His athletes have medaled at the world championships, competed at the Olympic Trials, and raced internationally. John founded Fitness in Recovery in 2015 to give back to the recovery community.

Sidra Ghafoor, M.D. completed an accelerated 7-year B.S./M.D. program at Villanova University and Drexel University College of Medicine. She is currently completing an Addiction Psychiatry fellowship at the University of Pennsylvania. Dr. Ghafoor treats dual-diagnosis patients at The Wedge Medical Center. She is the co-founder and current president of Fitness in Recovery.

Penny Ziegler, M.D. served as the Executive Director of International Doctors in Alcoholics Anonymous (IDAA) 2019-2020. She received her medical degree from The George Washington University in Washington, DC and completed a psychiatry residency at The Sheppard and Enoch Pratt Hospital in Baltimore, MD. A board certified addiction psychiatrist and certified fellow of the American Society of Addiction Medicine, Dr. Ziegler has been working in the field of addiction medicine for more than twenty years.

Scott Teitelbaum, M.D. is the Pottash Professor in Psychiatry and Neuroscience at the University of Florida's College of Medicine, serving as Vice Chair of the Department of Psychiatry, Chief of the Division of Addiction Medicine, Medical Director of the UF Health Florida Recovery Center, and Addiction Fellowship Director. He has been involved in the evaluation and/or treatment of more than 4,000 healthcare providers and other professionals from across the country.

NEPG 2021
November 11-14

New England
Professional Group
43rd Annual Meeting:

Lakeside
Recovery

The Sagamore Resort
On Lake George

Registration: Includes the expenses of the meeting, coffee and beverages and the following meals (with notice, we can meet special dietary needs): **Friday and Saturday Luncheon, Friday evening Casual Dinner and Saturday Banquet Buffet.**

Name: _____

Address: _____

Phone: _____

Email: _____

Guest Name: _____

Guest Email: _____

Single: \$330 / Couple \$550 \$ _____

After September 1st:

Single: \$350 / Couple \$580 \$ _____

Voluntary tax-deductible Contribution to

Scholarship Fund: \$ _____

Total: \$ _____

Make check payable to NEPG

Mail to address below:

NEPG

c/o Peter Vieira, Treasurer
 105 Lennys Way
 West Springfield, MA 01089

E-mail: info@neprofessionalgroup.org

Meeting Schedule

Thursday November 11th

7:00-8:00pm Registration
 8:00-9:30pm Meet and Greet

Friday November 12th

6:00-7:00am Early-bird topic discussion meeting
 7:00-8:00am Breakfast (on your own)
 8:00-8:15am Welcome/Opening remarks
 8:15-9:15am Jason Kirby "Clinical Approaches to a Changing Addiction Treatment Landscape"
 9:15-10:15am Adam and Corinne Scioli - "Family Recovery Dynamics"
 10:15-10:30 Break
 10:30-11:30 Sidrah Ghafour and John Breen- "Exercise Physiology and Recovery"
 11:30-12:30 Panel discussion
 12:30-1:30pm Alanon Luncheon
 1:30-2:30pm Recovery Experience in the Pandemic: Open Mic
 3:00-4:00pm Exercise in Recovery Workshop
 4:45-5:30pm Step Meeting
 6:30-8:00pm Casual Dinner (provided) and fellowship
 8:00-9:00pm AA and Alanon Meetings

Saturday November 13th

6:00-7:00am Early Bird topic discussion meeting
 6:00-7:00am Exercise in Recovery Workshop
 7:00-8:00am Breakfast (on your own)
 8:00-8:15am Housekeeping remarks
 8:15-9:15am Jason Kirby - "The Role of Psychosocial & Spiritual Components in a Comprehensive Treatment Plan: Are The Promises Still Relevant?"
 9:15-10:15am Scott Teitelbaum: "Stigma Reduction for Recovering Health Care Professionals"
 10:15-10:30am Break
 10:30-11:30am Penny Ziegler- "LGBTQ+ Recovery Resources"
 11:30-12:30 Panel Discussion
 12:30-1:30pm Luncheon- (provided)
 1:30-2:30pm Step Meeting
 3:00-4:00pm Exercise in Recovery Workshop
 4:45-5:30pm Step Meeting
 5:30-6:00pm NEPG steering committee meeting
 6:30-9:00pm 43rd Annual NEPG Banquet

Sunday November 14th

6:30-7:30am Early Bird topic discussion meeting

6:30-7:30am Exercise in Recovery Workshop
 7:30-9:00am Breakfast (on your own)
 9:00-10:00am Spiritual Message
 10:00-10:45am Farewells

CME Credits

Accreditation Statement – Berkshire Health Systems designates this live educational activity for an estimated **10 credits** in AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in this activity. Berkshire Health Systems is accredited by the Massachusetts Medical Society to provide continuing medical education for physicians.

Disclosure: In accordance with the ACCME Standards of Commercial Support™ disclosure will be made before the program regarding the existence of any relationships that exist between the faculty and the manufacturers of any commercial products.



NEPG has secured a block of rooms at the reduced rate of \$109/night for Lodge Room accommodations or \$139/night for Lodge Suite accommodations at the Sagamore Resort, situated on Lake George.

Includes: Free wireless internet access for all guests, complementary access to two bottles of water in your room daily, complimentary coffee daily, entrance to the Fitness Center, indoor pool and waterfront, parking, island shuttle.

All reservations must be made by **October 21, 2021** in order to receive the preferred rates.

Mention New England Professional Group when you call for your reservations at **866-384-1944**

Room reservations may also be made on-line at **www.thesagamore.com** using the Special Code: **1121NEPG11**

Save a Stamp: Register for the conference On-line at:

www.neprofessionalgroup.org